

<p>Tell me about a time when you felt excited or really happy. Perhaps a time when you were really looking forward to something.</p>	<p>Tell me about a time when you felt worried or confused. Perhaps a time when lots of things were happening and you weren't sure what to do.</p>
<p>Tell me about a time when you felt angry or really annoyed. Perhaps a time when plans were changed or you couldn't do something.</p>	<p>Tell me about a time that you are very proud of, something you like to think about and remember. Perhaps a special achievement or something you had to work hard at.</p>
<p>Tell me about someone who has made an impression on you or has had an influence on your life. It can be someone close to you or someone who is a hero to you.</p>	<p>Tell me about something that has happened that was important to you or made an impact on your life.</p>
<p>Tell me about a time when you had a really big surprise; it can be a fun surprise or something that was not so good. Tell me all about what happened.</p>	<p>Tell me about a time when you had a problem and you had to fix it. Tell me all about what happened and what you had to do to fix it.</p>
<p>Tell me about someone who you find annoying. Someone who is often annoying you or making life difficult.</p>	<p>Tell me about someone who you think is a bully. Someone who is bullying you or other kids at school, or someone you remember from when you were younger.</p>

<p>Tell me about a time when you were hurt or quite sick. Perhaps when you had an accident or had to go to hospital.</p>	<p>Tell me about a time when you had to help someone. What did you have to do to help them? How did it work out?</p>
<p>What would you consider to be a high point in your life? Tell me about that time.</p>	<p>What would you consider to be a low point in your life? Tell me about that time.</p>
<p>What would you consider to be a turning point in your life? Tell me about that time.</p>	<p>Tell me about your favourite memory; a special time, someone you met, something you achieved, maybe just a small thing that happened that you remember really well.</p>